

**Williamsburg Recreation Women's Volleyball League
Game Rules 2017-2018**

1. Matches start promptly at designated times. Play lasts **45** minutes. Any warm-up time is part of your **45** minutes. Play three games, keeping track of the score. The server must say the score at each serve. Captains are responsible for writing down the wins and losses.
2. **Players must be above age 18 and out of high school to participate.** If there are ineligible players participating on your team you will be forced to forfeit your match. The second time your team is caught with ineligible players your team will be dismissed from the league. **There will be no league refunds.**
3. **If your team needs to forfeit it is the responsibility of the Team Captain to contact the Rec Center prior to your game to let them know your team will not be playing that evening. If you fail to contact the Rec Center and/or the team you are to play, you will forfeit your next game the following week also.**
4. Teams will play three games to make a set. All three games will count, even if the third game wasn't completed. If there should be a tie in the third game after time is up, the team will be allowed to play until one team wins by 2 points.
5. First two games are played to 25 points and the third game is played to 15; you must win by at least 2 points.
6. The maximum number of hits per side is 3.
7. Serves must be made from anywhere behind the service line. Any questions require a reserve.
8. The ball is to be hit with closed fists or forearms. Body hits do count if it doesn't double hit off the body. **Kicks do not count.**
9. Serves are allowed to hit the net.
10. Serves may NOT be blocked or spiked, but may be set.
11. No lifting, catching, or carrying the ball. It will be considered a lift if the ball is hit with open palms below the shoulder.
12. A ball that hits the net and passes over is in play.
13. When two players on the same team simultaneously strike the ball, it is considered one hit and either player may hit the ball in the next play.
14. When players of opposing teams simultaneously contact the ball at the net, the contact is not considered one of the three volleys. However, neither player is to cross over the net. A block is not considered a double hit.
15. A player may touch the floor across the center line with both feet/hands provided a part of the foot/feet or hand(s) remain on or above the center line. Contacting the floor across the center line with any other part of the body is illegal and results in a side out.
16. A ball hitting the ceiling is playable. The team hitting it into the ceiling may hit it again, providing it is not by the same player that hit into the ceiling, and it is not the fourth hit. A ball hitting the ceiling is not playable by the opposing team.
17. If the ball touches the boundary rods, it is out of bounds and the opposing team is given the serve.

18. No more than six players on each side will be allowed on the court. Others may rotate in. If a team member arrives after the ball is in play, she can enter the game on the next serve anywhere on the playing court. Once you have four players for your team, the game will count as a win or loss. **If a team is 5 minutes late, they will lose the first of the three games scheduled. If a team does not appear within 10 minutes of the scheduled time they shall forfeit the match.**
19. **A player must have played at least two nights during the regular season in order to be eligible to play in the tournament.**
20. Reserve the ball if the ball from the other court comes into your court and/or interrupts play.
21. Do no warm up in the gym. Wait until the court is free for your game.
22. You can only sub for one team and must be listed on their roster.
23. Play fair. If disagreement occurs, reserve the ball.
24. No spectators allowed in the Rec Center after close.